



**Get back  
into that  
bikini with  
confidence!**

*I lost 2% body fat  
and one pant size  
in 4 visits!*

It was faster  
and easier than  
two months of  
personal  
training sessions  
at the gym!

— J.B., San Diego

**See the difference  
Fit Bodywrap makes!**

You could notice the  
results in as little as  
a few treatments!

**Get started today!**



[www.fitBodywrap.com](http://www.fitBodywrap.com)



**BURN 1000's OF CALORIES  
LOSE INCHES  
REDUCE BODY FAT**

**EFFORTLESSLY**



# Burn Calories While You Relax!

*Imagine Your Perfect Body.*

*How would you like to see that body  
every time you look in the mirror?*



**Now  
you can!**

**Burn up to 1000 calories or more  
while reading a book, watching TV,  
or even taking a nap.<sup>5</sup>**

**WWW.FITBODYWRAP.COM**

## How Does it Work?

### THE SCIENCE BEHIND THE FIT BODY WRAP SYSTEM

FIT Bodywrap's revolutionary, dual-action system combines our patented FIT® Booster spray with infrared ray treatment to change the way people think about weight loss!

Here are just a few of the ways our dual action system helps you lose weight:

#### ***Infrared Rays***

Infrared heat is "radiant" heat. When it penetrates the skin, it transforms light energy into heat energy.

- Radiant heat triggers your body to produce sweat and burn calories
- Sweating is a part of the complex thermoregulatory process of the body involving substantial increases in heart rate, cardiac output<sup>1,2</sup>, and metabolic rate<sup>3,4</sup>
- Thermal effects within the deep layers of tissue cause blood vessels in capillaries to dilate promoting better blood circulation
- The heat produced also helps to rid your body of toxins and metabolic wastes

#### ***FIT® Booster Spray***

The FIT® Booster spray works with the infrared ray treatment to maximize results!

- Creates a barrier on your skin making your body work harder to produce sweat, maximizing your calorie burn
- Fights cellulite formation and provides a slimming effect
- Tones and moisturizes leaving your skin immaculately clean and healthy
- Reduces the appearance of wrinkles
- Increases microcirculation and activates lipolysis



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3 Koronen GT, Shepherd JT, Marshall RJ: Cardiovascular response to acute heat stress. *J Appl Physiol* 1961;16:869-872.  
4 Rowell LB, Bengelmann GL, Murray JA, et al: Cardiovascular responses to sustained high skin temperature in resting man. *J Appl Physiol* 1969;27:673-680.  
5 Dean W (August 1981). "Effect of sweating". *JAMA* 246 (6): 623. DOI:10.1001/jama.1981.03320060027013. PMID 7253113. Results vary by individual